

(250 woorden toegestaan (300 inc titel))

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Titel:

Development process of an online educational module on 'eHealth based lifestyle-interventions': experiences of teachers

At Inholland University of Applied Sciences students of Sport Studies learn how to develop and to apply lifestyle interventions. These students will practice in a multidisciplinary field, where eHealth applications are increasingly being used. However, so far students have mainly learned to develop offline interventions. Lifestyle professionals experience a lack of knowledge and skills regarding the use of eHealth in their work. At the same time, our educational program pays too little attention to these modern skills. While online and blended learning supports students to become professionals, equipped to keep up with future developments (HU, 2016).

Therefore, an online education module will be developed that enables both students of Sports Studies and lifestyle professionals to develop skills about designing interventions using eHealth. How do teachers, who are not specialized in e-learning, approach this? How do you ensure to not only making a transition from offline to digital education, but also to actually using the possibilities of e-learning? Which partners should be involved? Which design requirements do you have to deal with? This is a showcase of the development process of an online educational module from the perspective of teachers. This process contained an exploration of needs of lifestyle professionals (focus groups), co-creation sessions with students and teachers and iterative testing of the module. The Moodle-based module will be integrated in the regular curriculum of Sport Studies in February 2020. In addition, it will be accessible for professionals from the field.

Keywords:

Referenties: HU. (2016). *Onderwijs ontwerpen. Een didactisch concept. Utrecht: Hogeschool Utrecht*